

Fall Prevention Fact Sheet

FALLS FROM ROOFS
CAN BE PREVENTED!



- Wear a harness and always stay connected
- Make sure harness fits
- Use guardrails or lifelines
- Inspect all fall protection equipment before use
- Guard or cover all holes, openings, and skylights



Do Not:

- Disconnect from the lifeline
- Work around unprotected openings or skylights
- Use defective equipment

Plan, ahead to get the job done safely

Provide, the right roof equipment

Train, everyone to use the equipment safely

FALLS FROM LADDERS
CAN BE PREVENTED!



- Choose the right ladder
- Maintain three points of contact
- Secure the ladder
- Always face the ladder



Do Not:

- Stand on top or on the top step of a stepladder
- Overreach
- Place the ladder on unlevel footing



Plan, ahead to get the job done safely

Provide, the right roof equipment

Train, everyone to use the equipment safely

FALLS FROM SCAFFOLDS CAN BE PREVENTED!

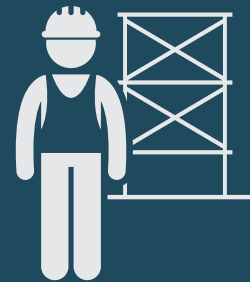


- ✓ Use fully planked scaffolds
- ✓ Ensure proper access to scaffolds
- ✓ Plumb and level
- ✓ Complete ALL guardrails
- ✓ Ensure stable footing
- ✓ Inspect before use (by competent person)



Do Not:

- ✗ Use a ladder on top of scaffold
- ✗ Stand on guardrails
- ✗ Climb cross-braces



Plan, ahead to get the job done safely

Provide, the right scaffold equipment

Train, everyone to use the equipment safely